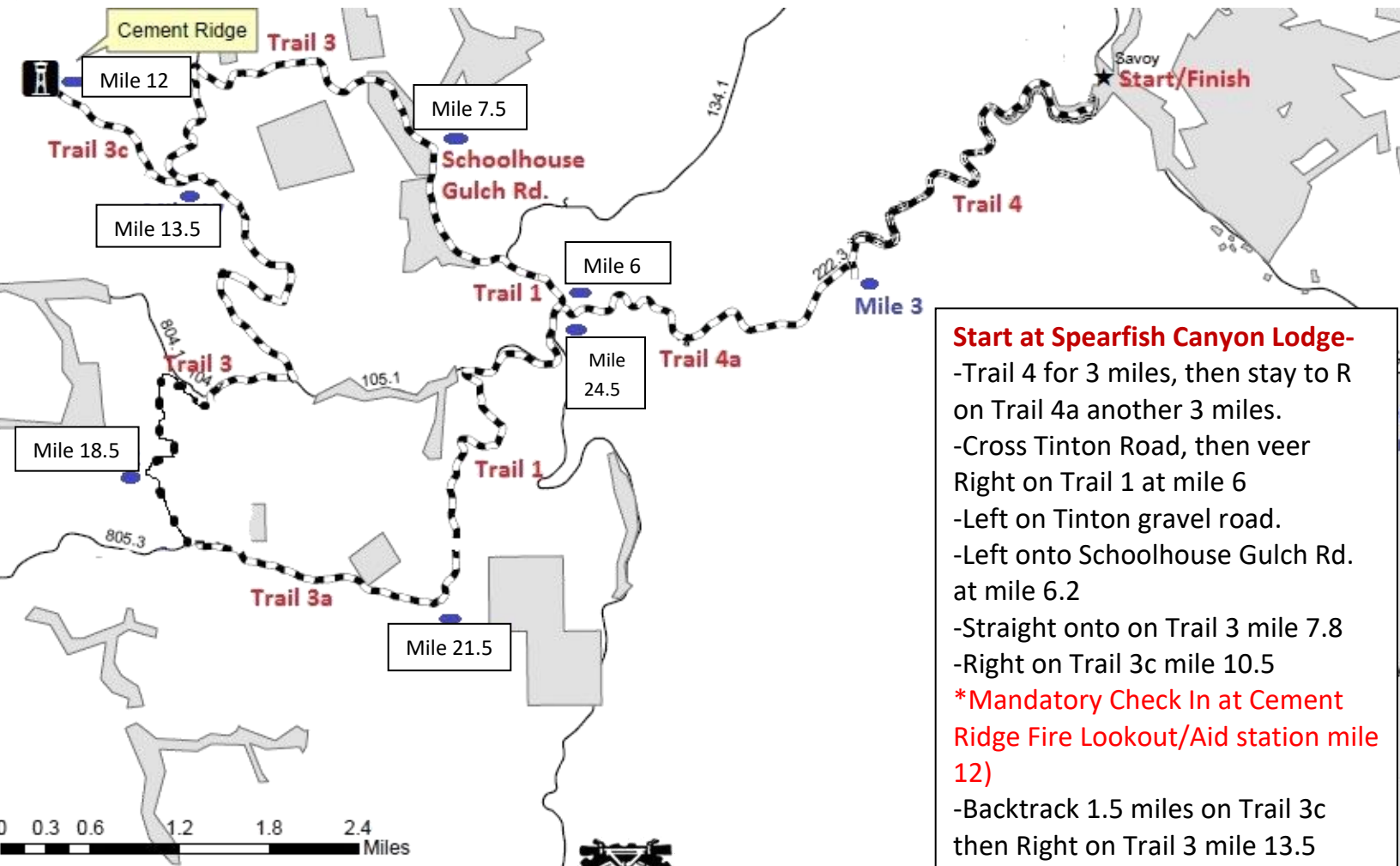




**ORTHOPEDICS AND SPORTS MEDICINE**

**MONUMENT HEALTH**



**Start at Spearfish Canyon Lodge-**  
 -Trail 4 for 3 miles, then stay to R on Trail 4a another 3 miles.  
 -Cross Tinton Road, then veer Right on Trail 1 at mile 6  
 -Left on Tinton gravel road.  
 -Left onto Schoolhouse Gulch Rd. at mile 6.2  
 -Straight onto on Trail 3 mile 7.8  
 -Right on Trail 3c mile 10.5  
 \*Mandatory Check In at Cement Ridge Fire Lookout/Aid station mile 12)  
 -Backtrack 1.5 miles on Trail 3c then Right on Trail 3 mile 13.5  
 -Stay Left onto 3a mile 18.5  
 -Stay Left onto Trail 1 mile 21.5  
 - Turn Right onto Trail 4a mile 24.5-you will cross Tinto Rd here.  
 -Stay straight/left onto trail 4 mile 27.5 and in to finish!



30.4 miles · +2,499 ft / -2,525 ft

